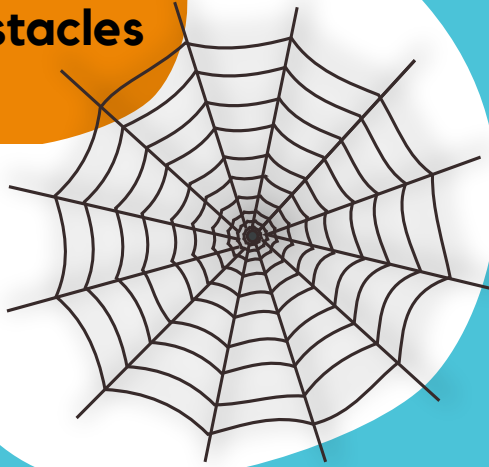


PREPARE FOR OBSTACLES

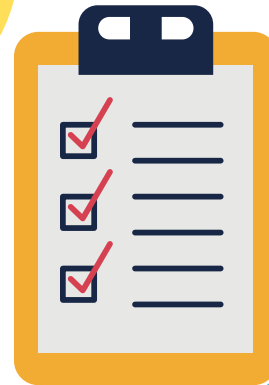
What obstacles can you predict will get in the way of achieving your goals?

What steps will you take to keep on track?

Possible
obstacles



What Can I
Do?



Who Can I
Count On?



What Will
Keep me
Motivated?



Decide If This
Goal Is
Important To
Me

